

### Book list:

Books by Rudolf Steiner  
*Theosophy*  
*The Education of the Child*  
*The Kingdom of Childhood*  
*Rosicrucian Wisdom*  
*Esoteric Science*

### Recommended reading:

*Phases of Childhood* by Bernhard Lievegoed  
*Between Form and Freedom* by Betty Staley  
*School Renewal: A Spiritual Journey for Change*  
by Torin Finser  
*Free to Learn* by Lynne Oldfield  
*Understanding Waldorf Education* by Jack Petrash  
*Education Towards Freedom* by Frans Carlgren

*The first year program will include:*

### Child Development and the Basics of Waldorf Education.

This class will be centered around the study of two of Rudolf Steiner's basic books on Waldorf Education: *The Education of the Child* and *The Kingdom of Childhood*, with a detailed look at child development and wide-ranging discussions of the various themes and topics arising.

**Theosophy** (by Rudolf Steiner), the study of the human being in relation to the cosmos from an Anthroposophical perspective.

**Artistic Activities** will include a combination of several of the following activities: singing, eurythmy, speech, black and white drawing, painting, form drawing, handwork, modeling and projective geometry.

**Biography Workshop.** A look at the cycles and rhythms of one's life from a spiritual point of view.

**Painting Workshop** Watercolor painting exploring the wet-on-wet technique used in the grades.

## SCHEDULE

### Class Dates:

Friday nights from 7:30 - 9:00 pm and  
Saturdays from 8:30 am - 4:30 pm on the  
following weekends

First Semester: Sept 11/12, Oct 9/10, Nov 6/7,  
Dec 11/12, Jan 8/9, Jan 29/30

Second Semester: Feb 26/27, Mar 19/20, Apr  
16/17, May 7/8, May 21/22, June 11/12

Tuesday evenings, 7:30 pm - 9:00 pm on the  
following dates

First Semester: Sept 15, Oct 13, Nov 10, Dec 8,  
Jan 12. Feb 2

Second Semester: Mar 2, Mar 23, Apr 20, May  
11, May 25, June 8

\*\*Dates may be subject to change

**To receive a certificate, students must attend  
80% of the classes and all assignments need to  
be handed in.**

**Biography Workshop**, with Lee Sturgeon  
October 9-10, 2020. A look at the cycles and  
rhythms of one's life from a spiritual point of  
view.

**Painting Workshop with Angelika Kolbe**,  
May 21-22, 2021, 5:00-9:00 pm on Friday evening  
and Saturday from 8:30am - 4:30 pm  
Watercolor painting exploring the wet-on-wet  
technique used in the grades. Angelika is a very  
experienced class teacher and art teacher, as  
well as an artist in her own right.

## FOUNDATION STUDIES



**This two-year, part time study is  
offered from  
September 2020  
to  
June 2022**



To register, contact **Chris Bennett:**

Waldorf School Orange County  
Foundation Studies

2350 Canyon Drive  
Costa Mesa, CA 92627

**cbennett@waldorfschool.com**

**FEES:** The tuition is \$3000 per year for certificate of completion, payable as follows:

**2020-21 school year**

Tuition deposit\* of \$300 due at the time of registration to reserve your space in the program. \*Please note, this deposit is non-refundable.

Monthly Tuition payments of \$300 each, October 2020 through June 2021

**2021-22 school year**

Re-registration fee\* of \$300 due at the time of re-registration in August 2021 to confirm your continuation in the program. \*Please note, this fee is non-refundable.

Monthly Tuition payments of \$300 each, October 2021 through June 2022

---

# Foundation Studies

---

## September 2020 to June 2022

**Rudolf Steiner** was born in the small village of Kraljevec, Austria (now in Croatia) in 1861 and died in Dornach, Switzerland in 1925.

In university, he concentrated on mathematics, physics and chemistry. Having written his thesis on philosophy, Steiner earned his doctorate and was later drawn into literary and scholarly circles and participated in the rich social and political life of Vienna.

The Waldorf school movement originated with a school Steiner developed for the children of factory employees at the Waldorf-Astoria cigarette factory in Stuttgart, Germany. Today, Waldorf schools are all over the world. There are homes, schools and village communities for children and adults with special needs. Biodynamic agriculture began with a course of lectures requested by a group of farmers concerned about the destructive trend of "scientific" farming. Steiner's work with doctors led to a medical movement that includes clinics, hospitals and various forms of therapeutic work. As an art of movement, eurythmy also serves educational and therapeutic work.

Excerpted from SteinerBooks Anthroposophic Press at <http://www.steinerbooks.org/aboutrudolf.html>

Waldorf School Orange County's program of Foundation Studies is a two-year program which will enable participants to continue for a further two years with the WSOC Adult Education Program, if desired. Courses in Anthroposophy and Waldorf Education are the two main areas of study, supported by intense artistic work. Some further courses will include a Biography Workshop, a Painting Workshop, Art History, Parzival and others.

The program, which began in 2009, is directed by Chris Bennett, who joined the faculty of WSOC in September 2009 and is the former Director of Kula Makua, The Honolulu Waldorf Teacher Training Program. and instructor at the London Waldorf Teacher Training Seminar (UK) for many years before that. Faculty members from WSOC will be supporting this program in addition to guest teachers from the wider Anthroposophical movement.

